Volunteering at Headway: Expression of interest form

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| **1. Contact Information** | |
| Name |  |
| Address |  |
| Phone number |  |
| Email Address |  |

1. **Please write a brief profile about yourself, your skills and your interests.**
2. **Why do you want to volunteer for Headway Luton?**
3. **Which Centre would suit you best? You may even choose both.**

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|  | **(please tick 🗸 )** |
| **Luton, Alma Street**  (Open Monday to Friday 9.30am – 3.00pm) |  |
| **Houghton Regis, Memorial hall** (Open Wednesdays only 10am – 2:30pm) |  |

1. **Your availability:** What days and times are you available? If you cannot commit to the suggested times below, please still contact us for a chat.

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| **Days/times I am available in Luton** | | |
|  | **9am-3pm** | **10am-2pm** |
| Monday |  |  |
| Tuesday |  |  |
| Wednesday |  |  |
| Thursday |  |  |
| Friday |  |  |

|  |  |  |
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| **Days/times I am available in Houghton Regis** | | |
| **Houghton Regis** | **10am-12pm** | **10am-2pm** |
| Wednesday |  |  |

1. **If there are areas of volunteering that you would be unwilling or unable to undertake for personal, health, cultural, religious or health reasons please provide brief details below** *(Please note that by policy no volunteers are permitted to help with personal care i.e. toileting, medication or first aid).*
2. **Please tell us how you heard about Headway Luton:**

**Please email your completed Expression of Interest Form to:**

[volunteer@headwayluton.com](mailto:volunteer@headwayluton.com)

or post to: Volunteer Applications, c/o K. Kelly, Headway Luton Ltd, 49 – 53 Alma St, Luton LU1 2PL